



“Were it not for number and its nature, nothing that exists would be clear to anybody either in itself or in its relation to other things... You can observe the power of number exercising itself...in all acts and the thoughts of men, in all handicrafts and music.”

Pythagoras

Numerology Basics Workshop

Understanding Self Through Numbers

Is this workshop for me?

- Are you a natural scientist with a thirst for answers to life’s questions? Are you constantly having relationship issues or life problems you cannot resolve? Want to be able to predict the future and know what lies ahead with your life lessons? Interested in helping others on their own journeys? If you answered yes to any of these, then this workshop is for you!

What can Numerology teach me?

- In this full-day workshop get to know your true self through your unique set of numbers. The numbers that make up your birth date are a map of your true essence, your path and the tools you have chosen to help you in accomplishing your life lessons. Let the numbers show you who you really are, what you’re here to do and how to do it.

How can Numerology provide solutions to my problems?

- By examining the outside energetic influences shown through the numbers (Personal Year, Peak Years, etc), you will

clearly know when it is the best time to embark upon change and when it is best to “rest”, thus minimizing the frustration and confusion caused by fighting the flow of energy. If we planted a garden in winter, there would be no growth because winter is nature’s rest period! Likewise, if we try to force change when it is time to “rest”, we will not produce any real and lasting change.

What does my address or other numbers in my life mean?

- Your name, address and telephone number also have a numerological significance and we will explore these and other number sequences in your life (repeatedly seeing numbers on clocks, dreaming in numbers, etc).
- Learn all this and more through the power of numbers!

Next Workshop: Wednesday, March 17th, 6-8pm

Location: Integral Yoga Institute, 227 West 13th Street, New York, NY

Fee \$35 (includes manual/workbook)

****Pre-registration is required – To register, call 506-444-7082 or email: michelle@askyourguides.com****



Michelle Arbeau is an internationally recognized Intuitive Consultant and Numerologist, writer, lecturer and inspirational speaker. She travels frequently throughout North America sharing her knowledge of numbers and the spiritual plane in her workshops and seminars. Inspiring others toward their own spiritual awakening is her purpose in this lifetime. Michelle also provides private readings and intuitive mentoring for clients all over the world. She currently resides in Fredericton, New Brunswick, Canada with her husband and two children.

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